

The St. Louis Unitarian

July 2017 Vol. 48 No. 1

Worship, RE and Nursery 10:00 a.m.

JULY 2017 WORSHIP INFORMATION

July 2

“Questioners, Rebels, Obligers and Upholder”

Emily Jaycox

People respond differently to expectations, both internal and external what’s my “tendency” and why should I care?

July 9

TBD

July 16

Where Loneliness and Intimacy Couple

Norma Vogelweid

A sharing of one person’s tiptoeing into the limitless space of the human heart by accepting loneliness as a familiar friend and by risking unprotected intimacy in humdrum life.

July 23

TBD

July 30

**Growing Up Catholic: Integrating Our Past with Our Present
To Create Our Future**

John Knoll

What are the positive and enduring ties that a Unitarian Universalist can retain from a “birth religion” that requires a “final exam” at death?

**Partner
Church News
Page 3**



**Designated
Collections**



**Spot Light on M
embers**

Page 10



**FAIR
TRADE
COFFEE
SALES**

JULY 2 & 16

From the President June-July 2017

After a few weeks back in the saddle, it has been interesting to reflect on what's the same and what has changed since my last stint as President in 2010-2011. When I took the gavel, we had just engaged our third interim minister in three years. When I passed it on, we had called Thomas Perchlik as our minister. Now we find ourselves in another transition time.

The church has evolved. A good friend said to me the other day that "church just doesn't feel the same." I responded that it should not feel the same; if we aren't changing, we will surely dry up and blow away. We talked about really comfortable changes, and the kind that can make us a little squirmy. I enjoy leadership at a time like this. The church is like a snake shedding its skin, or a caterpillar coming out of its cocoon. It is the same creature, but what appears is the next (and necessary) iteration. It will reflect growth and progression, though not without challenges. I am honored to work with Rev. Gary James and the rest of the leadership team to help guide the process and hold up the mirror, so we can see what we are becoming.

We have lost some of the people I enjoyed knowing. Though well into her 90's, Lorraine Wallis engaged in our earlier transition work with gusto and a great sense of humor. Connie Goss was a valued member of the Board that year—a wise woman never afraid to ask questions. Others have moved on from this place, but in their stead are so many new faces! I look forward to getting to know all of you and spending more time with old friends. That was my favorite aspect of my last term as President, I think-- working with church members and friends that I would not have known otherwise, of all ages and involved in all parts of church life.

Don't be strangers. There is much to do in our church home and our greater community, and we will find much more success as a team under our big tent.

Looking forward to the journey,

Kathy Wire

Partner Church News—July, 2017

A Letter From Our Partner Church Minister Csokfalva, Romania 4/7/17

Our Dear Friends,

Last Sunday we had a sister congregation Sunday and thanks to this occasion, in many congregations all over Transylvania people prayed for You. WE had a commemoration for the Hungarian people who live on Philippines and in many places donations were collected

And by the way of this commemoration I would like to greet you with total spring enthusiasm. Our heart is happy because spring has reached our country after a long, hard winter. I, myself and our followers work in our gardens with great desires. I bought and planted fruit trees again. Soon the numbers of the fruit trees planted in my garden in the last few years will go above 20.

I believe that with each planting we contribute to the created world and we imitate God's work. And I think that this doesn't happen only in our gardens, but in the life of our congregation also. Each little event is a part of the big Creation Work. We have tried hard to work with our great strength and power recently.

In January I had a book presentation with wonderful, great atmosphere, where I presented my book, "The Inhabitants of Csokfalva in old photos", which appeared last year and which was presented on the Day of The Hungarian Culture in Rhedey Castle at Erdőszyörgy. Not long after that we sent our follower, Osváth Emese on her long trip, who was going to take part in the World Meeting of the Unitarean Women. Through her photos we could follow her travel and when she came home, she had a short presentation.

According to our plans, next month we are going to have our celebrations, called Spring Days at the Unitarean Congregations, and I would like to ask him/her to give a more detailed presentation there.

Our Ecumenical Week of Prayer, which we organised in March, attracted as high interest, as in last years. The services of the Unitarean Priests, as well as of priests of other religion, refreshed our spiritual life. During this week the children had a very important role, they rewarded the priests with folk songs.

At the moment we are concentrating on the white-washing of the vicarage, as it was last white-washed four years ago, and since then my two sons have coloured the walls up to 1 m. high. And then our greatest celebration, Easter is coming. Up to then, I wish you all the best and thank you very much for all your help you gave to our congregation, (repairs, publications, scholarships.)

With love,
Lóránt Tóké



FAIR TRADE COFFEE SALES

June 2 & 16

Remember that we now accept *credit and debit cards* as payment through PayPal, in addition to cash and checks. All Fair Trade products sold at First Church support small-scale farmers and their local cooperatives in the authentic Fair Trade model. Thank you for being a part of this. It matters.

WOMEN'S ALLIANCE

Our July 11, 2017 meeting takes us on a 11:00 tour of the Chocolate Chocolate Chocolate factory and large store at 5025 Pattison in the Hill area. A head covering is required. Either bring a hat or wear a provided cap. DIRECTIONS: Heading south on Kingshighway, turn right at the U-Haul just short of I-44, Northrup Avenue. Go down to the first street on the left then left on Pattison. The factory faces the highway. There are signs pointing the way to this fabulous chocolate place.

Lunch follows at 11:45 or so at Guido's for "authentic Spanish & Italian cuisine" Hey, it's cheaper than a trip to Spain. Guido's is at 5046 Shaw Avenue. To get there, backtrack to Kingshighway, turn right, then right on Shaw, first street past I-44. Guido's is at the end of the second block. If you go over the new bridge, you've gone too far. For reservations, contact Lori Calcaterra before July 8. All women of the church are invited. Hope you can make it.

—Lori Calcaterra

Op Shop

Be sure to stop by the Op Shop in Fellowship Hall to check out their bargains.

Toward Justice

The Toward Justice Anti-Racism group meets monthly to discuss Racial Justice actions in which we can participate and reform issues for which we will advocate. Recent activities include preparing and presenting the White Supremacy Teach-In (in conjunction with other UU congregations across the country), hosting the community Town Hall on local surveillance and participating in a petition drive for Clean Missouri. Handouts from the White Supremacy Teach-In are available at the sign-up table in Fellowship and members of Toward Justice are eager for follow-up conversations.

Clean Missouri is a proposed amendment for the Missouri Constitution that would initiate redistricting reforms, institute campaign contribution limits, create lobbying ethics improvements, and require more accountability and transparency in the Missouri General Assembly. Members of Toward Justice are working with Metropolitan Congregations United by collecting signatures to have this amendment placed on the November 2018 ballot. Please help support this effort that would reform and equalize influence in the legislature by signing one of the petitions! Look for the Toward Justice table in Fellowship Hall.

Toward Justice meets the First Thursday of the Month at 7:00pm. Join us for our next meeting on July 6th.

Lynn Hunt, Religious Educator

LIFESPAN FAITH DEVELOPMENT

LYNN HUNT,
CREDENTIALLED RELIGIOUS EDUCATOR

Be a Part of the 2017/2018 Religious Education Team

Being a part of the Religious Education program is FUN, MEANINGFUL and A GIFT TO OUR CONGRGATION and the FUTURE OF UNITARIAN UNIVERSALISM!!!!!!

We are now recruiting teachers for the 2017/2018 program year.

Want to be a part of the vitality of our Church?

Want to contribute to the development of Unitarian Universalism?

Want to learn and grow in your own faith development?

Want to get to know the youngest members of our community?

Want to help minds grow without fear?

If you answer yes to any of these questions, then it is time for you to be a Religious Education teacher!

Look for the sign-up board in Fellowship or contact Religious Educator, Lynn Hunt (lyhunt56@aol.com). I am looking forward to talking with you and finding the best way for you to be a part of Religious Education.

Summer Religious Education continues each week with a pre-school and multi-age elementary classes.

Both classes concentrate on our UU Value of inter-connectedness with the natural world. The younger class looks at their senses and growing capabilities and the older class expands on that with the addition of natural elements in the world and uses Wisdom Tales from around the world with an emphasis on Native American understanding. Thanks to Andi Berin for leading the multi-age class. In July, the group will be learning some fascinating things like why coyotes have yellow eyes and possums have naked tails! In addition, we tend to the gardens and enjoy the out-of-doors (weather permitting!).

Hope to see you! -- *Lynn*

Registration Materials for Fall Religious Education classes will be mailed at the end of August. If you do not receive materials by August 31st, please contact the office.

Religious Education Dates

Sunday, July 2nd – No Sunday RE Classes – Child Care Only

Sunday, August 20th – Teacher Orientation – Pre-School & Elementary Ages (11:30am to 1:30pm – lunch served)

Sunday, August 27th – Last Session of Summer RE

Sunday, September 3rd – Child Care Only

Sunday, September 10th – Ingathering Intergenerational Service -- Pancake Breakfast sponsored by the Boston Trip Group

Covenant Groups

In Covenant Groups people come together in a circle of trust, in covenant, to be in right relation with one another with respect and care. We cultivate deep listening as each person takes a turn in a kind of sacred space to express what stirs in them about the topic of the session. The careful listening enriches the lively back and forth interchange that follows. If you would like more information about joining a group you can: sign up in Fellowship Hall or call the Faith Development Office (314-361-0595 ext 25)

What I Learned at General Assembly July 30 – 11:30 – Clark Room

Several members of the congregation attended the Unitarian Universalist General Assembly in New Orleans. We attended many workshops, business sessions and elected a new president. Join with us for a conversation about what was learned and the direction of our association at this important time in the history of Unitarian Universalism. (Sign-Up in Fellowship Hall)

First Church Food Project

Your donation of canned meats, fish and stews as well as jars of peanut butter and boxes of powdered milk can help individuals in need feed themselves and their loved ones. Donations of personal care products: soaps, body washes, toothpaste and toothbrushes, as well as deodorant and shampoos, are also welcome.

Baskets for these donations are located on the shelves outside Fellowship Hall.

JOYS AND CONCERNS FROM JUNE 2017

Let us keep in our minds all who live with grief or joy this day, those who are healing from illness or surgery and those who have family members who are ill.

—**Vera Falk** passed away on April 9th in Portland, Maine. A gathering was held Sunday, June 11th.

—**Augie Underwood**— Our thoughts and prayers goes out to Augie and family her grandson Ja'Shon Cox had major eye surgery at Children hospital he is home recovering now we wish him well and a speedy recovery.

—**Congratulation**—To **Reena Chesla** who graduated from Washington University with two Master Degrees way to go Reena

—**Congratulations to member Jane Hoelkeman** on the birth of her first grandchild. Wyatt David Cartensen was born on 6/12/17 in San Francisco. All are doing well.

SOCIAL RESPONSIBILITY

DESIGNATED COLLECTIONS: As a way of putting our faith into action, we as a church periodically dedicate one of our collections to a worthy non-profit or church program. July's designated collections are Lighting the Path (July 9th) and First UU Sandwich Making (July 23rd).

Lighting the Path Enterprises is a 501(c) 3 non-profit organization with a mission to share the Word of God, fight poverty and empower marginalized populations with education, skills, business training, equipment and supplies to help them help themselves. CEO and founder is Dawn Malcom. Here is her description of the organization. "We believe in demonstrating the love in our actions by meeting needs, empowering through enterprise projects and building long term relationships. We are working in Burkina Faso, West Africa, and have empowered hundreds of women there since 2012 We work with women's associations in villages where we implement new empowerment projects and follow up on established projects. These projects train women and provide supplies and equipment for starting their own production of marketable products and enterprise. Our projects include soap making, sewing, weaving and food product production along with Bible study and small business classes. We have a waiting list of associations from many villages requesting our assistance to implement additional projects. We also do microfinance projects for special cases of need, distribute Bibles and purchase formula to assist with a malnutrition clinic for infants. We also work with the disabled to provide

the needs and skills to be productive and have a better life. Respect for cultural and social practices and maintaining the dignity of the individual are priority goals in our work. Land has been purchased and fundraising efforts are underway for building a school and skill center for women and teen girls in Niangaloko, Burkina Faso. Lighting the Path is looking to establish a location in St. Louis with empowerment programs for women and teen girls as funding allows. We welcome others to work with us in these efforts!" Lighting the Path was nominated for a designated collection by Dawn's brother , church member Clint Cruse.

First UU Sandwich Making is a multi-generational social justice activity that informs and promotes the issue of hunger in St. Louis. Project volunteers (our adults, teens, and children) gather twice monthly in Fellowship Hall before and during services to prepare bag lunches for the homeless in downtown St. Louis. The lunches are distributed through Gateway 180, the largest Missouri shelter serving women and children. All First Church members and newcomers are invited to join in the Sandwich Project with springs into action each second and fourth Sunday of the month year-round. This recipient was nominated by church member Rosemary Lawton.



RECYCLING



Don't forget....the church belongs to a recycling

program with **Quill**, our office supply company. The church receives rebates for recycling inkjet cartridges. Recycle bins are found in the copy area of the church office.



**DON'T FORGET
TO LIKE US,
FOLLOW US
AND CHECK-IN
ON
FACEBOOK**

OPPORTUNITIES FOR FITNESS: BODY, MIND AND SOUL....

QIGONG OFFERED AT FIRST UU

- **Qigong** combines mindful, gentle, physical postures and movements with meditation, breath-work, sounds (mantras) and self-massage techniques to revitalize your Vital Life Force energies and to enhance physical, emotional, mental, and spiritual healing.
- **Qigong** techniques help to dissolve accumulated stress and fatigue, increase energy, and strengthen the immune system.
- Accumulated daily practice of **Qigong** movements and meditation build up a storehouse of Qi energy and also lead to enhanced concentration, improved mental focus, and greater intuitive functioning.



*Hour long Qigong classes on Tuesdays
at 2pm in Hope Chapel.*

These are pay-as-you-can classes.



TOASTMASTERS CLUB

Join us each first and third Sunday at 7 p.m. in the Clark Room. For information contact Stan Veyhl at (314) 863-3229 or sveyhl@earthlink.net.

DO YOU SHOP ON-LINE?



When making your on-line purchases be sure to log on to GoodSearch.com. Search for your items through Good Search, each search earns money for First Unitarian Church. The potential is SO MUCH higher...cost to you...ZERO!

Simply go to the GoodSearch website, log-on and input "First Unitarian Church of St. Louis" into the field that asks for what group you want to support. It's that easy.

It's a free and easy way to raise money for our church and get some of your shopping finished.

Each month, GoodSearch sends the church a check!



Don't forget to use your eScrip card when shopping at Schnucks. The church receives a percentage each time you shop. Don't have an eScrip Card? Stop by the sign-up table in Fellowship Hall and pick up one this Sunday. Simply register on-line and you are ready to earn money for First Unitarian Church.

ROAD TO MEMBERSHIP



Anyone who wishes to join our church as members should email Dan Livengood, our Membership and Involvement Coordinator, at dlivengood@firstuustlouis.org.

We will periodically set up a membership book signing session based on the schedules of those interested.

We warmly welcome you to our religious community.

OUR NEW MEMBERS: MEET LILLIAN THOMPSON

I grew up in Bennington, Vermont, and relocated via a circuitous route through numerous cities and countries to St. Louis, where I retired in 2015. My brother, Roy, took a more direct route, landing a job with the National Geospatial Intelligence Agency when he graduated from the University of Vermont.

When I was 12, I told my mother that I wanted to live in different countries. In those days, I thought that meant I should marry someone whose career would do that. I did, and went to Taiwan, but it was many years before I went overseas again, this time to spend several years in Brussels where I led a team in an evaluation and bid on the privatization of Belgium's national telephone company. Later, I spent five years with the Peace Corps, as a volunteer in Ukraine and Morocco and associate director in Romania.

My first membership in a Unitarian Church was in Arlington, Virginia, back in the '80s. It was a wonderful church, with clear windows, nature all around and enthralling music. The church was proud of its role in the civil rights movement, although in the '80s, the church was much like ours and, no doubt, seeking to define its role, as we do in the 21st century. Membership in two small Unitarian churches followed, each defined by its place, in Mississippi, and in post-Katrina New Orleans. I have appreciated the "welcoming" of First Unitarian Church of St. Louis. I'm in the choir and a movie club, so far. Welcoming is in this congregation's nature, and when I find myself

criticizing, I have to ask myself: am I welcoming? That's why it's such a great church. –
shared by Lillian with Susan Mueller, Spotlight Team

Designated Collections Nomination Period Open



Each year First Church members have the opportunity to nominate community non-profits as recipients of First Church Sunday Designated Collections. Selected organizations receive a Sunday collection and are chosen based on a variety of factors including consistency with First Church mission and values, core focus and connection to First Church. Nominations are now being accepted through July 31, 2017 for the 2017-18 church year.

Designated Collection policy, selection criteria and nomination forms are available for downloading from the First Church web site by clicking on the tab for On-Line Forms and Documents followed by File Cabinet/First Unitarian Forms (Designated Collection). The SRC Nomination Form is in PDF format but may be copied and pasted in a Word document for completion on-line. Nomination forms must be submitted electronically by July 31st to be considered for selection and should be sent to:

For questions, contact Susan Kelley, Social Responsibility Committee member, at the email address socialresponsibility@firstuustlouis.org, by phone, at 314-968-3618.

CALENDAR AT A GLANCE

Please keep in mind that the calendar is updated daily and does not show outside rentals. Refer to the Web Site calendar for up-to-date information.

Sunday, July 2

Fair Trade Coffee Sales

10:00 a.m. - Worship Service (S)
7:00 p.m. - Toastmasters (CLK)

Tuesday, July 4

2:00 p.m. - Qigong Class (CH)

Wednesday, July 5

7:30 p.m. - Choir Rehearsal

Thursday, July 6

6:30 p.m. - Toward Justice (C1)

Sunday, July 9

9:00 a.m. - Sandwich Making for the Homeless
10:00 a.m. - Worship Service (S)
11:15 a.m. - Visitor Orientation (DR)
11:30 a.m.—LGBTQA Covenant Group (CLK)
11:30 a.m. - Knitting Ministry (C7)

Tuesday, July 11

11:00 a.m.—Women's Alliance
2:00 p.m. - Qigong Class (CH)
6:30 p.m.—Policy Board (CLK)

Wednesday, July 12

6:30 p.m.—Library Committee (L)
7:30 p.m. - Choir Rehearsal

Sunday, July 16

Fair Trade Coffee Sales

Newsletter Deadline

10:00 a.m. - Worship Service (S)
11:30 a.m. - Colton Covenant Group (C7)
7:00 p.m. - Toastmasters (CLK)

Tuesday, July 18

2:00 p.m. - Qigong Class (CH)
7:00 p.m.—Library Committee (L)

Wednesday, July 19

7:30 p.m. - Choir Rehearsal

Friday, July 21

6:00 p.m. - LGBTQIA Potluck (FH)

Sunday, July 23

9:00 a.m. - Sandwich Making for the Homeless
10:00 a.m. - Worship Service (S)
11:30 a.m. - What I Learned at Gen. Assem. (CLK)
12:30 p.m.—Great Books Discussion

Tuesday, July 25

2:00 p.m. - Qigong Class (CH)
6:30 p.m.—Church Council Meeting (C1)

Wednesday, July 26

7:30 p.m. - Choir Rehearsal

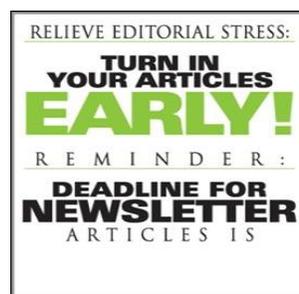
Sunday, July 30

10:00 a.m. - Worship Service (S)

For updates to the church calendar visit
firstuustlouis.org

**Newsletter Deadline:
Sunday,
July 16, 2017**

**Newsletter
Folding
Tuesday, July 25, 2017**



The St. Louis Unitarian
First Unitarian Church
5007 Waterman Blvd.
St. Louis MO 63108

Address Service Requested

Dated Mailed: Please Deliver Promptly
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www.UUSTL.org

Member, Unitarian Universalist Association

**The St. Louis Unitarian
Volume 48, Number 1
July 2017**

August newsletter deadline: July 16

Fold: July 25 @ 10:00 a.m.

Submit news to office@firstuustlouis.org
(314) 361-0595/96 • fax: (314) 361-0712

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Mary Thompson, Sunday Sexton

Elliott Smith,/Custodian

Donald Jeffries, Carole Watson,

Larry Dusenbery, Newsletter Proofreaders

Office Hours

Mon — Fri. 8:00 a.m. to 3:00 p.m.

Saturday & Sunday Closed